

# PlayTalk Program



*Parenting is difficult – even more so if alcohol and drugs are involved.*

PlayTalk aims to:

- Explore ways to better communicate and relate to your child
- Explore parenting in a supportive and non-judgemental environment
- Strengthen bonds through creative and interactive play
- Encourage expression of feelings
- Raise awareness of the impact of substance misuse on the family
- Improve self esteem

PlayTalk is suitable for parents and primary caregivers with children aged 6 and under.



**NEED TO  
TALK TO  
SOMEONE?**



**To make a referral or  
to find out more, please  
phone (03) 6224 1777**