

Gottawanna Program



The Gottawanna program addresses specific issues for adults who are seeking help for their alcohol or drug misuse, gambling or other addictive behaviours.

The program offers a supportive, non-judgmental environment where you can begin to understand when, why and how you developed behaviours that are now becoming problematic in your life.

You may be experiencing some of the following problems:

- Family and personal relationship breakdowns
- Family violence
- Drink/drug driving
- Illicit substance possession
- Health issues
- Criminal behaviour
- Removal of your children
- Anger
- Stress.

The program is designed to help you recognise and accept your responsibilities in life, explore the range of choices you have and take back control of your life.

**NEED TO
TALK TO
SOMEONE?**



**To make a referral or
to find out more, please
phone (03) 6224 1777**