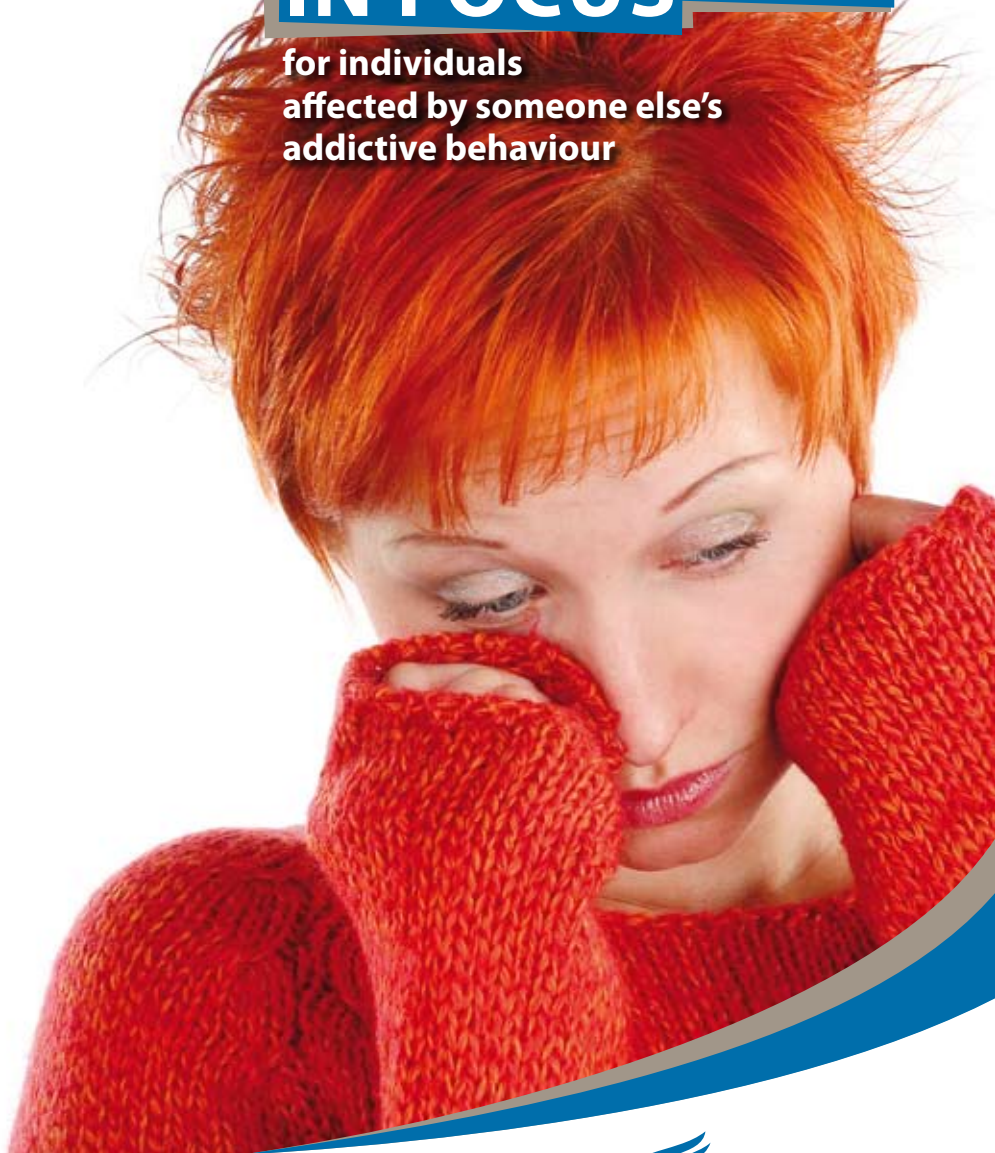


RELATIONSHIPS IN FOCUS PROGRAM

for individuals
affected by someone else's
addictive behaviour



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COUNSELLING AND EDUCATION SERVICE
DRUGS · ALCOHOL · OTHER ADDICTIONS **CHANGING LIVES**



RELATIONSHIPS IN FOCUS PROGRAM

The Relationships in Focus program is designed for spouses, partners, parents, family members and friends of someone who is misusing alcohol, other drugs, gambling or engaging in behaviour that may be obsessive and destructive. Harmful behaviours of this nature often result in family and relationship conflict, domestic violence and child abuse.

Holyoake offers a supportive environment where you can effectively address what is happening in your life. We will assist you to gain awareness about the nature of your situation and how it impacts on you and your family. We will assist in the discovery of new skills and strategies to make you feel empowered and clear about the changes you need to make to create the lifestyle you would like.

Research conducted with participants who have completed this program reported an overall improvement in their emotional and physical wellbeing.

This research also showed that in 63% of cases there was a positive change in the using behavior of the other person as a result of their family member attending this program.

**TO MAKE A REFERRAL OR TO FIND OUT MORE,
PLEASE PHONE (03) 6224 1777**