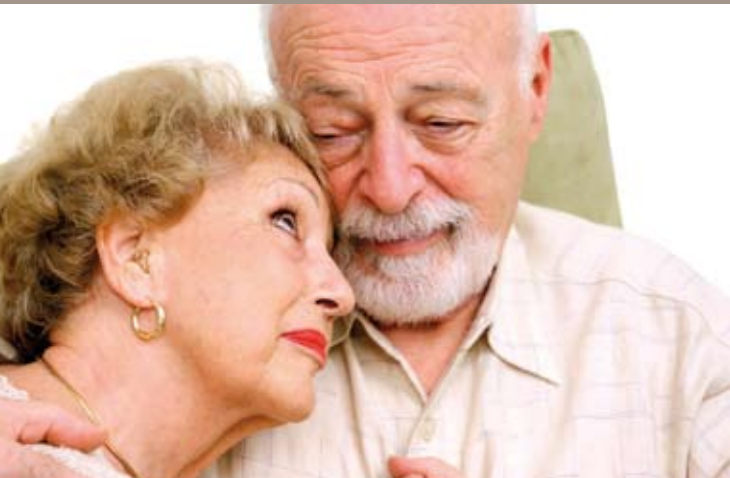


Holyoake Tasmania Inc. (Holyoake) is a non-profit organisation, which offers a range of group or individual counselling programs for people affected by their own or another's addiction or substance misuse.

TO MAKE A REFERRAL OR TO FIND OUT MORE,
PLEASE PHONE **(03) 6224 1777**



Holyoake Tasmania

127 Davey Sreet, Hobart Tas 7000
P 6224 1777 F 6223 1476
W www.holyoake.com.au E admin@holyoake.com.au
ABN 24 495 893 991

DRUGS, ALCOHOL AND OTHER ADDICTIONS

counselling and education
services for individuals, families
and communities facing these
challenges



COUNSELLING AND EDUCATION SERVICE
DRUGS · ALCOHOL · OTHER ADDICTIONS **CHANGING LIVES**

Gottawanna Program

Putting you back in control of your life

The Gottawanna program addresses specific issues for adults who are seeking help for their alcohol or drug misuse, gambling or other addictive behaviours.

Relationships in Focus

Supporting Families, Changing Lives

The Relationships in Focus program is designed for spouses, partners, parents, family members and friends of someone who is misusing alcohol, other drugs, gambling or engaging in behaviour that may be obsessive and destructive. Harmful behaviours of this nature often result in family and relationship conflict, domestic violence and child abuse.

Young People's Program

A program for young people aged 5-17, who are experiencing problems with a parent's or other family member's alcohol or drug misuse.

Get Real - Youth Program

Your Life, Your Choice

This program is designed for young adults aged 12-24 who are experiencing difficulties related to their misuse of alcohol or other drugs.

The program aims to increase a young person's awareness of his or her own behaviour and how it may impact on themselves and their relationships with family and friends.



Parent Program

A program for parents who are concerned about their adolescent's drug or alcohol misuse.

Prison Program

The Prison program offers a holistic approach for prisoners with a history of alcohol and drug misuse who are preparing for release from prison. The program provides support to both the prisoner and their family by assisting their re-integration into the community.

Drumbeat

Discovering Relationships Using Music

This program is a music therapy intervention developed by Holyoake for alienated youth. The program has been successfully used to engage young people who find themselves socially isolated within the school system and the general community.

Outreach

Reaching into the Community

All Holyoake programs are provided in a number of outreach locations within the wider Hobart community. Please contact us for further information on services in your area.

**ALL HOLYOAKE PROGRAMS
ARE BASED ON A HARM
MINIMISATION MODEL.**